**Newcastle Open**

**Competition Information Pack**

**Saturday 17th and Sunday 18th June**

1. **The Venue**

City of Newcastle Gymnastics Academy

Benfield Centre Sports Centre

Benfield Road

Newcastle upon Tyne

NE6 4NU

Telephone 0191 275 9009

Email: [rec@newcastlegymnastics.org](mailto:rec@newcastlegymnastics.org)

**2. Entry Forms**

Cost of entry for 2017 will be **£135 per team**

**All Micro teams £40.**

**Challenge Cup**

To fall in line with the British Championships Levels 3 2 1 micros will compete as the Challenge Cup.

E.g. Level 2 Junior Micros Mixed, Male Micro and Female Micro will compete against each other

Entries must be made on the entry form and submitted to:

***Karen Chapman, 63 Farringdon Road, Cullercoats, North Shields, Tyne & Wear NE30 3EX***

Please ensure cheques are made payable to **‘C.N.G.A.’**.

If you wish to email your entry [–**rec@newcastlegymnastics.org**](mailto:–rec@newcastlegymnastics.org)

Please make payment by Debit Card over the phone.

The closing date for receiving applications is 12 noon on Friday 26th May

Please note that any late entries will be at the discretion of the competition organisers. No Changes to the Programme will be made 1 week prior to the competition.

**Age groups**

**Mini 7-11**

**Primary Challenge 9-11**

**Youth 10-14**

**Junior 13-17**

**Senior 16+**

**New age groups, if some gymnast just misses out on new age groups. Please contact me and maybe we could arrange something**

**Rules will be following UEG code of points with the amendments to the British Code also Level 5 & 6 Rules to be found on BG website**

**4. Tariff Sheets**

Current Tariff sheets appropriate are available from Scottish Gymnastics, British Gymnastics and UEG websites. Completed Tariff sheets may be handed in earlier tariff forms will not be accepted after that time. Teams must submit sufficient tariff sheets for each apparatus as follows:

Tumble and Trampette: 4 Tariff Forms

Floor: 6 Tariff Forms

Teams will be charged for any photocopying fees incurred as a result of failing to provide the required number of tariff sheets.

**Music**

Music is to be submitted by email to [Samsmith2809@yahoo.co.uk](mailto:Samsmith2809@yahoo.co.uk) by **FRIDAY 2nd June**

**6. Judges, Coaches and Gymnast Passes**

Passes will be distributed at registration and will be for each named Judge, Coach and gymnasts. Only two coaches per club will be allowed into the competition arena, plus a chaperone if required. **All teams must dedicate** a judge otherwise a fine of £25 will occur.

**. Spectator Tickets**

Spectators at this event will be in the spectator seating area in the gym hall. Tickets will be

**Adults**

£12.00 Weekend Ticket

£8.00 Day Ticket Adult

**Child**

£6.00 Weekend Ticket

£3.50 Day Ticket

**8. Photography**

British Gymnastics Photography Regulations will be followed for this competition.

**9. Jewellery**

Please note that the policy of jewellery for gymnasts AND coaches is zero tolerance. No jewellery whatsoever is allowed in the performing areas. Should a judge see jewellery during a performance, they will stop the routine as soon as it is safe to do so. When removed, the team will be allowed to continue, but they will receive a penalty.

**10. Coach Qualifications**

Please note that BGA have clarified that it is the clubs responsibility to ensure that they provide coaches suitably qualified to the level and appropriate standard of the competing gymnasts. You are reminded that the rules of the event demand that TWO coaches must be present on the landing area for Trampette before the Head Judge in that discipline may signal the start of that event.

**11. Apparatus Clarifications**

**LEG Topper for Tumble**

There will be two run-ups provided for Trampette.

Clubs are advised that the competition organiser will provide 1 Eurogym Trampette 40 Spring 1 Eurogym 32 spring, Dorado and a continental Trampette for the use of any team that prefers not to bring their own. It is the Coach’s responsibility to ensure the equipment is appropriately placed and safe to use.

Vault Height - The height of the vault will be as new code.

It is the responsibility of the coaches to ensure that the vault is adjusted prior to their team’s training or competition slot.

## Vault Height

The height of the vault will be as follows:

Men Women & Mixed

Seniors    165 160

Juniors     145 – 165 135 - 160

Youth      135 135

Mini 115 – 135 115 – 135

Disabilities 100 - 165